



# The Royal College of Anaesthetists ELECTRONIC LOGBOOK

## Computer crashes 2

## PROBLEM PAGES

### Q: HOW DO I RECOVER A DAMAGED LOGBOOK FILE?

If your computer crashes or you force quit / CTRL-ALT-DELETE your way out of a frozen screen whilst using your logbook, a message may appear when you next open the logbook saying that the file has been damaged and needs to be 'recovered'.

This means that there is a significant risk that the data within the logbook has been corrupted. About 75% of these files can be saved using the 'recover' process, but the remaining 25% are damaged beyond salvage and you will need to restore a backed up copy of the **logbook6.rca** file instead.

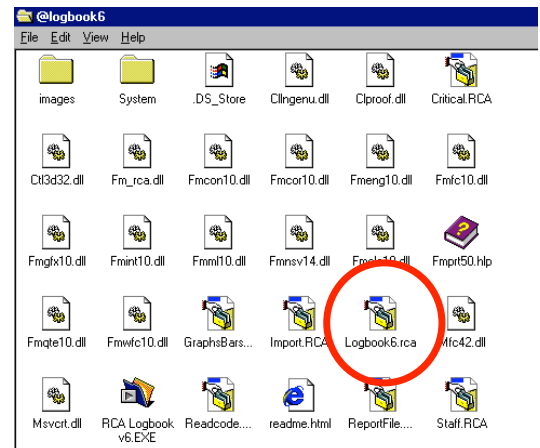
### SOLUTION

#### To recover a damaged logbook file:

1. Hold down the **CTRL** and **SHIFT** keys whilst opening the logbook program.
2. Select the file to recover (**logbook6.rca**).
3. In the Save File dialog box, type a new name for the file. By default, FileMaker Pro suggests the previous filename plus "Recovered". Make sure the location you choose for saving the file has enough room.
4. Click **Save** to save a recovered copy of the **logbook6.rca** file.
5. This file will be your new data file but you will need to move the old damaged **logbook6.rca** file to a different location.
6. Finally rename the newly created **logbook6 recovered.fp5** file to **logbook6.rca**

It will only be activated if you rename it to **Logbook6.rca**

N.B. A newly recovered logbook will take longer to open than the last time it was used. This happens only the first time a recovered file is opened and is the result of rebuilding various internal structures that were deleted during recovery.



### PREVENTION

It's a good idea to take measures to prevent damage and to ensure that the logbook files are backed up to USB stick/CD:

- Back up the logbook file frequently enough so that you don't lose more than a day of work.
- Avoid unexpected quits on the computer from which the file is running.
- Have an uninterruptible power supply.
- Check the condition of the hard disk with a drive utility program.
- Be sure that software that optimizes, compresses, or partitions the hard disk is current.
- Be sure driver software is compatible with the operating system version.
- If you back up to CD on a PC bear in mind that Windows labels the properties of these files as 'read-only'.

More help is available by e-mail from [support@logbook.org.uk](mailto:support@logbook.org.uk)

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